

# CITY & GUILDS Beauty Therapy Level 2. (3003)

In association with the Phoenix Holistic Beauty & Nail Training, UK

**City and Guilds qualifications** are recognised by governing bodies, industry associations, employers and universities worldwide. Although City and Guilds qualifications are not currently available in Portugal, Estética para Profissionais, Algarve Beauty School, have teamed up with the award winning Phoenix Holistic Beauty & Nail Training in the UK, to be able to bring you this first class, internationally recognised Beauty Therapy qualification.

There are numerous opportunities for the Professional Beauty Therapist, in Portugal, and all over the world.

**We have broken down the course into individual modules, with part email or high quality e-learning, and part in-salon learning at the Beauty School and Treatment Center in Lagos, Algarve.**

For the FULL Beauty Therapy Level 2 Diploma you will need to cover; Providing Manicure, Pedicure, Nail Art, Facials and Head Massage, Lash and Brow Tinting and Shaping, Flare Lash Extensions, Waxing and Make Up.

As well as the essential theory units, (available through e-learning), that really contribute towards your professionalism and prepare you to easily move into a working environment: Working in Beauty Therapy, Health and Safety in the Salon, Client Care and Communication, Promoting Products and Services and Reception Duties.

**For all courses you will need to cover Anatomy and Physiology and Health and Safety in the Salon, which are through e-learning.**

Students have use of our 'Practical Room' throughout their course, they will complete all In-Salon learning in the treatment room, and can use the room to develop and practice their skills on paying clients (clients pay a small fee for treatments with learners).

Once qualified therapists can book in their own clients and continue to use the room for their professional development. Students will accept money from clients, we charge a small fee for treatments while the students are learning, which introduces students to accepting money, and working out change. They also man the reception, greeting clients and filling in consultation forms as part of their reception duties.

## Duration, Dates and Timings.

There are no set dates for the learning. Although learning is only available during term time. A large portion of the learning for beauty therapy is on line or via email and practical hours are booked and scheduled with Naomi when ready.

You need to have completed or be sufficiently advanced in either the Body Massage Course or the e-learning Anatomy and Physiology Level 2 course to start any of the beauty courses. Please look to join the Body Massage Course prior to the beauty learning if you need a more personal or one on one learning experience. The Body Massage Course is full in class learning.

You will find it beneficial to have completed Facials and Skin Care, IF you have NOT completed the Body Massage Course, prior to progressing to the other beauty modules. But it is only essential to be sufficiently advanced in the e-learning Anatomy and Physiology Level 2 Course.

## Module 1.

### **Manicure, Pedicure, GelPolish, (Optional Nail Art.)**

You need to have completed the e-learning Anatomy and Physiology Level 2 and Health and Safety. Or be sufficiently into your learning.

When you are sufficiently into your e-learning you can contact us to book your practical, stating what you have completed and passed so far on your e-learning.

Practical will be set once per week and you will need to attend at the Algarve Beauty School and Treatment Center in Lagos, Algarve.

Costs are 25€ per hour, paid in advance. Extra costs or hours should be paid on the day. A 50% cancellation fee will be charged for no shows or cancellations with less than 24 hours notice.

Prior to each lesson you will have homework sent to you to research and complete. 45 minutes each practical lesson will be set to go through homeworks and ensure understanding, all homework must be completed, even if 'unsure'.

Practical lessons will show you how to complete a professional manicure and pedicure, with varnish and french polish and Gelpolish application. You will learn and demonstrate:

'correct' clipping and shaping, and understanding the different nail shapes.

Safe and correct cuticle work, how to, when to and when not to!

Spa Treatments including working with Paraffin and Heated mittens and booties.

Massage for the Hands and Feet.

Polishing Varnish/Enamel, French and GelPolish.

Consultation and Assessing the nails and skin.

Giving aftercare advice and product recommendations.

You will work on clients and develop confidence.

You will receive and feel the treatments.

You will receive videos of your learning for home practice.

You will have understanding of different treatment options, timings and pricing.

You will have a set number of treatments to complete under assessment.

You will have 'one on one\*' learning with an experienced and passionate teacher and therapist.

You will have a certificate of completion of your course and the option to sit the City and Guilds assessment.

You have the option to set the times of learning to suit you, (based on availability).

You will learn with and take on the world's finest products in hand and foot care.

Learning is catered for you.

You will need: Please See Manicure, Pedicure Kit Details.

You 'should' need no more than 8 x 3 hour sessions of learning. Followed by 4 x 3 hour sessions of assessment.

This may vary depending on the learner and their abilities as well as the amount they practice at home. Practice, previous learning and natural skill should mean you can complete this in less time.

**To get started.**

Book and get started on your online Anatomy and Physiology and Health and Safety course by clicking here. If no link please ask us.

Email us to let us know you have started and give us (and you) a date you hope to be completed by.

Email us when you have completed your online learning and let us know the dates and days you want to start.

You will pick up your kit on your first day of learning.

## Module 2.

### Facials and Skin Care.

There are a few different e learning courses for this unit, e-learning is provided by our 'partner' school, based in the UK, with in salon practical learning available with Naomi, teacher and therapist at Algarve Treatment Center and Algarve Beauty School.

You can purchase a kit for facials for your home practice and for when you come in for your practical learning. For Kit details click [HERE](#). To have the Skin Care Kit sent to you just email us and we will arrange postage with you.

#### Course options include:

**SKIN CARE AND FACIAL TREATMENTS FOR BEGINNERS.** Everything you need to know to become a skin care therapist.

**ADD SKIN CARE AND FACIAL TREATMENTS TO YOUR MASSAGE SKILLS.** Build on your existing knowledge to enhance your skills.

**SKIN CARE AND FACIAL TREATMENTS REFRESHER FOR EXISTING BEAUTY THERAPISTS** update your skills and expertise.

**ESSENTIAL SKIN CARE** whether you are learning to be a skin care therapist, want to jog your memory or are just interested in learning about your own skin and how to reduce aging this is an interesting e learning course to improve your knowledge.

You need to have completed or be completing the e-learning Anatomy and Physiology Level 2 and Health and Safety e learning. Or be sufficiently into your learning to start this course.

When you are sufficiently into your e-learning you can contact us to book your practical, stating what you have completed and passed so far on your e-learning. And what areas you want help or guidance with. We'll bring in a model for you to work on, and watch what you have learned with your e-learning and where you need help or guidance. You will get one on one, specifically tailored learning.

**(For example.** You will be shown how to do a cleanse and you will complete the e-learning all about cleansing. You will get a video to watch and learn and then you can book in a session to go through your cleanse with our educators to improve your skills, check on any uncertainties or smooth out any inconsistencies in your learning before moving on to the next session. You book as many in salon hours as

you feel you need. You then complete your next section of elearning and book in the in salon hours to complete your confidence and develop your skills.)

Set your own practical development when you need to attend at hours that suit you at the Algarve Beauty School and Treatment Center in Lagos, Algarve.

Costs are 25€ per hour, paid in advance. Extra costs or hours should be paid on the day. A 50% cancellation fee will be charged for no shows or cancellations with less than 24 hours notice. For this unit it is up to you how many 'practical' hours and how much practical work you do. You will have videos to work with as part of your online learning.

Also recommended to complement this unit is Client Care and Communication and Promoting Sales and Services e learning.

### Module 3.

**Eye Treatments** You need to have completed or be suitably advanced in your online e-learning Health and Safety in the Salon, and Anatomy and Physiology Level 2 to complete this course. When you have started the e-learning email us to set a date for your practical learning at Algarve Beauty School. You will be taken through:

- Preparing your area and allergy testing.
- Shaping the eyebrows with tweezers.
- Tinting the eyebrows and eyelashes.
- Flare Lash application.
- Working on real clients to build your confidence.

### Further Learning.

After completing the learning you can add on extra days for **Facial Threading** and **Individual Eyelash Extensions**.

You will be emailed a workbook to print and complete.

This course is catered individually for you and how many hours you need to become confident will depend on the learner as an individual and how much they practice. You will need to practice at home, or you can practice in our treatments rooms.

You will need a kit for this learning. [Click here for details.](#)

Costs are 25€ per hour and you will need on average 8 x 2 hour sessions. This will vary per learner.

### Make Up

The Facials and Skin Care unit, (with Anatomy and Physiology and Health and Safety) is recommended prior to learning make up. This will help you develop an understanding of skin types and conditions and how to treat skin, as well as skin care advice, prior to learning how to apply make up.

You will have homestudy work sent to you via email to complete prior to each lesson.

Learn application of foundations and recognising colours.

Concealing, highlighting and contouring.

Emphasising the eyes and eyebrows.

Lips and occasions.

Understand lighting and occasions.

Aftercare and Consultation.

This course is catered individually for you and how many hours you need to become confident will depend on the learner as an individual and how much they practice. You will need to practice at home, or you can practice in our treatments rooms.

You will need a kit for this learning. [Click here for details.](#)

Costs are 25€ per hour and you will need on average 8 x 2 hour sessions. This will vary per learner.

Follow up learning can be added on for Airbrushing. An airbrush Kit will be needed.

On average you will need 4 x 3 hour sessions. This will vary per learner.



#### Module 4.

**Depilatory Waxing.** You will need to complete Health and Safety in the Salon and Anatomy and Physiology as e-learning prior to starting this course, or be suitably advanced in your learning.

When you are ready to start please email us and book in your practical learning. You will be emailed homework to complete prior to each lesson. The first 45 minutes of each lesson will be dedicated to checking your work. So you must complete it, even if you are unsure. You must practice at home, or in our treatment center inbetween lessons. You can book your lessons at a time that suits you, based on your teachers availability.

#### **You will cover:**

Warm and Hot Wax.

Half Leg, Full Leg, Bikini, Underarm, Forearm, Lip, Chin and Male Back. If you have done Eye Treatments you will do eyebrows.

You will receive treatment.

Consultation.

Contraindications and After Care.

Costs are 25€ per hour and you will need on average 8 x 3 hour sessions. Learners vary and you may need more to develop your confidence.

You will need a kit for this learning, which we will provide for you. For kit details click [HERE](#).

#### **Delegate Requirements.**

4 IGCSEs or equivalent (grade A-C) preferably one science.

Minimum age 16years, no Maximum age.

You will be expected to receive the treatments and complete them on models.

You will have home study set, which you will need to complete.

You will be expected to be dedicated and complete all case studies.

Training for City and Guilds qualifications will be in English.

For non City and Guilds qualifications you can complete all work in Portugese, although emailed theory lessons and e learning will be in English.

You will be expected to practise in between classes.

## WHEN CAN I START?

This is individually tailored learning with e-learning back up. The idea is that you can start whenever you want to and book your lessons to suit your schedule. No practical learning is given during the summer months of July and August. So all learning should be completed by then or you can start your e-learning of Anatomy and Physiology and Health and Safety during this time. One on one practical learning is only available during term times.

## The Phoenix Holistic Beauty & Nail Training, to sit your City and Guilds assessment.

City and Guilds qualifications are not currently available in Portugal, so we have teamed up with the award winning Phoenix Holistic, Beauty & Nail Training in the UK, to bring this first class training to you in Portugal. After successfully completing all your training and case studies; you will sit an assessment with Estética para Profissionais – Algarve Beauty School, and successful delegates will be presented with an Estética para Profissionais certificate of achievement, to say you have completed training to our high standards. Once you have gained this certificate, you will have the option to fly to the UK to sit your City & Guilds final assessment. It is strongly recommend you do sit this exam, as the City and Guilds Qualification is recognised worldwide, as a high level of qualification.

Delegates who decide to attend the assessment in the UK will normally fly from Faro to London Stanstead or London Southend (cheap flights always available, the cost of the flight and accomodation will be an extra cost to you,) delegates will then make their way to Chelmsford, Essex where the Phoenix Holistic Beauty & Nail Training Assessment Center is, we have a couple of B&Bs we recommend within easy walking distance to complete the required assessments.

## Costs

**None** of the following costs include IVA, which should be added on top of the costs mentioned at the current rate. It is the responsibility of the learner to complete their emailed work and e-learning. Costs for practical one on one learning are 25€ per hour, and the suggested hours are stated under each course description. You may need more, or less hours, depending on your natural abilities in the area and essentially depending on how much you practice.

## Qualifications.

Estética para Profissionais - Algarve Beauty School, Diploma.

And/ or

City and Guilds Level 2 Certificate, Diploma in Beauty Therapy

## Booking and Enquiries

To book please follow the links to the online Anatomy and Physiology Learning and Health and Safety Learning. Then email us to let us know you have started and what course you wanting to take along with the time you would like to have completed the course and the hours you are available. We will then try to work out a learning schedule with you for your practical hours.

Contact Algarve Beauty School at the Estética para Profissionais training centre in Lagos on 00 (351) 913 211 797 or by email [naomi@algarvebeautyschool.co.uk](mailto:naomi@algarvebeautyschool.co.uk) / [sales@algarvebeautyschool.co.uk](mailto:sales@algarvebeautyschool.co.uk).

If you would like to please feel free to arrange an appointment to meet with your educator and see the school.

You can find out more about Phoenix Holistic Beauty & Nail Training by viewing their website [www.phoenixshb.co.uk](http://www.phoenixshb.co.uk).